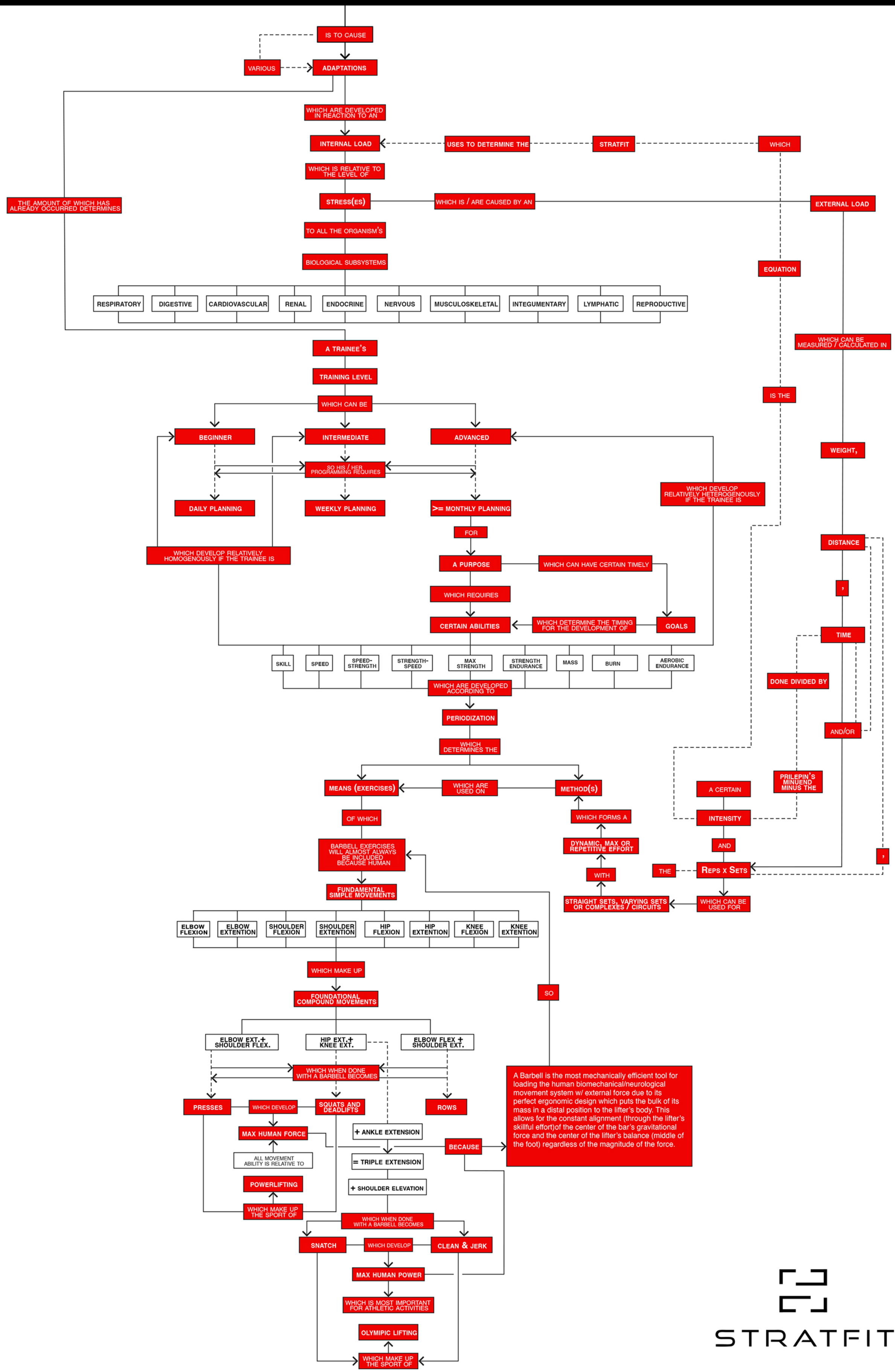
PURPOSE OF TRAINING



STRATFIT